

CAFETERIA PLAN (MEDIFLEX)

LISTED BELOW ARE ITEMS FREQUENTLY SUBMITTED FOR REIMBURSEMENT

- Acupuncture
- Ambulance
- Artificial Limbs
- Birth Control Pills
- Braces
- Braille-books and Magazines
- Care for Mentally Handicapped
- Chiropractors
- Co-Insurance and/or co-pays
- Contact Lenses & Contact Solution
- Cost of physical or mental illness
- Crutches
- Deductible
- Dental Fees
- Dentures
- Diagnostic Fees
- Drug & Medical Supplies
- Eyeglasses, including exam fees
- Fee of Practical Nurse
- Fees of Licensed osteopaths
- Hair Transplants (if not Cosmetic)
- Hearing devices and batteries
- Hospital bills
- Insulin
- Laboratory Fees
- Lasix Eye Surgery
- OB Expenses
- Orthopedic shoes
- Over the counter drugs (see list below)
- Oxygen
- Physician fees
- Prescription drugs
- Psychiatric care
- Psychologist fees
- Radial Keratotomy
- Routine Physical and other nondiagnostic services or treatments
- Smoking-Cessation Programs
- Special Communication equipment for the Deaf
- Special Education for the blind
- Special plumbing for the handicapped
- Sterilization Fees
- Surgical Fees
- Therapeutic Care for drug & Alcohol addiction
- Transportation expenses for Medical Expenses
- Tuition at special School for Handicapped
- Wheelchair
- Wigs

Note: Cosmetic Medical Expenses are not eligible. Example: Whitening or Bleaching your teeth.

FOR MORE DETAILED INFORMATION PLEASE SEE CODE SECTION 213 OF THE IRS CODE.

OVER THE COUNTER DRUGS AND MEDICINES

Examples of Drugs primarily used for medical care

TYPE OF DRUG	EXAMPLES
Allergy Prevention	Benadryl, Sudafed, Chloro Trimeton
Antacids and Acid Reducers	Gas-X, Maalox, Mylanta, Tums
Anticandial	Femstat 3, Monistat 3,7, Gyne-Lotrimin
Antihistamines	Actifed, Allerest, Claratin, Nyqukl, Triaminic
Antidiarrheal and Laxatives	Ex-Lax, Pepto-Bismol, Immodium A.D.
Anti-fungal	Lamisil AT, Lotramin AF, Micatin
Anti-itch lotions	Bactine, Cortaid, Calamine lotion, Caladryl
Cold Sore/Fever Blister	Abreva Cream
Cough Suppressants	Robitussin, Vicks 44, Chloraseptic
Nasal Decongestant/Cold Remedies	Advil Cold & Sinus, Tavist-D, Tylenol Cold & Flu
Diaper Rash Ointments	Balmax, Desitin
Eye Drops for Allergy/Cold Relief	Ocu Hist
Hemorrhoid Treatments	Preparation H, Hemorid, Tronolane
Internal Analgesic/antipyretic	Advil, Aleve, Excedrin, Tylenol, Bayer
Menstrual Cycle Medications	Midol, Pamprin, Premysyn PMS
Migraine	Excedrin Migraine, Motrin Migraine pain
Motion Sickness Medication	Dramamine, Marizine
Nicotine Gum or Patches and Smoking Cessation Aids	Nicorette, Nicotril, Nicoderm CQ
Pediculicide (head lice)	Nix
Poison Ivy Protection	Ivy Block
Toothache and teething pain relievers	Orajel

Dual Purpose OTC drugs

These may be permissible with a Health Care Provider's note

Anti-baldness/hair loss/hair replacement such as Rogaine, but only if to replace hair loss due to a medical condition and not for balding due to age.
Medicated shampoo to treat a specific medical condition like psoriasis and only the amount in excess of the cost of normal shampoo.
Dental fluoride treatments, special mouthwashes, or treatments for gingivitis.
Fiber supplements such as Benefiber and Metamucil.
lucosamine/chondroitin for arthritis or other medical conditions (not reimbursable if taken for overall joint health).
Herbal supplements used to treat a specific disease such as St. John's Wort for depression.
Nose strips for proper breathing or other medical conditions.
Retin-A and other acne medicines (not reimbursable if used for cosmetic purposes such as wrinkle reduction).
Snoring cessation aids and medications such as Breath Right Spray or Snorezz.
Weight loss/ dietary supplements must be for a specific medical condition such as obesity.