

# Ole Miss Outdoors ~ Fall 2008 Trips & Clinics Preview

## September 5-7: White Water Rafting Weekend

Ocoee River, Tennessee

Pre-Trip: 9/2/08 (Cost: \$160/\$180)

Extend summer a bit longer, and get your fill of one of the wildest rivers in the southeast! We have all the equipment you will need for this white water thrill ride. There's just one more thing we need...you!

## September 10: Intro to Slacklining

On Campus @ The Grove (Cost: Free!)

Try your hand...er, feet, at this balance sport which involves nylon webbing stretched tight between two anchor points...in our case, trees in the Grove! Come on out; watch, learn, and try...it's tons of fun!

## September 21: Fly Casting Clinic

Sardis Lake (Cost: \$10/\$15)

Let the OMOD crew show you the art of fly casting and fly tying techniques, in a convenient and beautiful location only a few miles from home. No experience or equipment necessary.

## September 26-28: Fly Fishing Weekend

Little Red River, Arkansas

Pre-Trip: 9/23/08 (Cost: \$90/100)

We now have all the gear you will need for a real life "River Runs Through It" experience. We'll stay in rustic cabins at Lindsey's Resort and enjoy a weekend of relaxation and [hopefully] some big catches. Cost includes fishing license.

## October 5: Yoga & Backcountry Relaxation

Puskus Lake, Mississippi (Cost: \$30/\$35)

Refresh, renew, and recuperate from your hectic schedule...practice the ancient meditative art of Yoga while enjoying the peaceful scenery of the Holly Springs National Forest. At night, learn a variety of backcountry cooking techniques around the campfire.

## October 10-12: Hang Gliding Weekend

Lookout Mountain, Georgia

Pre-Trip: 10/7/08 (Cost: \$230/\$250)

Soar with the eagles at America's premier hang gliding instructional and launch center. You will learn the basics and then fly tandem on two separate flights with an experienced pilot. Safely enjoy the friendly skies and see what it's like to feel the wind beneath your wings!

## October 14: Full Moon Spooktacular Paddle

Little Tallahatchie/Sardis Lake (Cost: \$20/\$25)

Boo! This is no trick...a canoe ride down the river is sure to be a treat!! Bring a friend, a significant other, or just yourself and enjoy a haunted float down the river, complete with ghost stories and smores around the campfire!

## October 18: Lowrider Cup Disc Golf Tournament

Campus Rec Disc Golf Course (Cost: \$60/team)

Sponsored by Buffalo Peak Outfitters, Kavu, and Innova Disc Golf, this event will involve some seriously cool prizes and awards; register your team of 4 players at Buffalo Peak (Jackson Avenue) and test your skills against fellow disc golfers in the area. BBQ lunch will follow!

## November 7-9: Caving Weekend

Raccoon Mountain Caverns, Tennessee

Pre-Trip: 11/4/08 (Cost: \$65/\$75)

Break out the coveralls, 'cause this is gonna get messy! If you've never explored underground caverns, waterfalls, and crevasses, now is your chance!! Experience the "Get Muddy" tour as knowledgeable guides take you down into the earth's belly to see what lies beneath!

## November 21-25: Fall Break: Backpacking the Smokies

Great Smoky Mountains National Park, Tennessee

Pre-Trip: 11/18/08 (Cost: \$150/\$180)

Join OMOD as we section hike through one of America's scenic wonders, starting near Gatlinburg. We will cover approximately 15 miles of this beautiful park, trekking through valleys and peaks, exploring waterfalls and streams, and stargazing at night around the camp fire.

## December 5-7: Triple Crown Bouldering Competition

Chattanooga, Tennessee (Cost: \$70/\$80)

Travel to the heady town of Chattanooga and compete in the last of the three bouldering competitions at Stone Fort. Meet lots of cool folks like yourself, and win some sweet prizes from folks like Marmot, Chaco, and The North Face. Price includes entry fee, transportation, & camping.

## December 12-19: Wilderness First Responder

U.M. Turner Center (Cost: \$550/\$570)

The Wilderness First Responder course will teach you the techniques for backcountry first aid. The WFR is the gold standard in the outdoor community in identifying those who are committed to safety. If you want a job in the outdoor recreation field, this certification is a must.

## December 13-21: Winter Break Ski Trip

Steamboat Springs, Colorado

Pre-Trip: 12/9/08 (Cost: \$TBA/\$TBA)

OMOD is once again joining up with students from the University of Alabama, UAB, & Mississippi State for the ski trip of a lifetime...this year we are flying to Denver, then driving to the powdery haven of Steamboat Springs. You'll spend 4 days on the slopes and after the spills and thrills, you can enjoy the stellar nightlife in town. Price includes flight, ground transportation, 5 nights lodging, and lift tickets.

### OMOD WEEKLY CLUBS:

Tuesdays @ 7 p.m.

Kayak Water Polo  
Turner Center Pool

TBA

Muddy Buddy Trail Running  
Whirlpool Trails

Fridays @ 3 p.m.

Fat Tire Mountain Biking  
Whirlpool Trails

By Appointment:

Kayak Roll Clinics  
Turner Center Pool

Thursdays @ 4 p.m.

Disc Golf Club  
Hole #1 of the Campus Course

TBA

Rebel Yacht Club (Sailing)  
Lower Lake of Sardis

For questions, call us at 662.915.6735 or email us at omod@olemiss.edu. To join a club (free) or to register for a trip, you must visit the OMOD office in 112 Turner Center.



