

Local School Wellness Policy: A Team Approach

2-hour Satellite Seminar
and
Live Interactive Teleconference

October 18, 2005

National Food Service Management Institute
The University of Mississippi



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Program Information

On June 30, 2004, the President signed the Child Nutrition and WIC Reauthorization Act of 2004 into law. This new law requires every school district to develop and implement a local wellness policy by the beginning of School Year 2006-2007.

The primary goal of this satellite program is to provide child nutrition professionals and other key players in the school and community an opportunity to hear the most current school wellness policy information.

SUBMIT QUESTIONS DURING LIVE TELECONFERENCE

(October 18, 2005 only)

Phone: 877-405-5247

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Section 204 of Public Law 108-265—June 30, 2004
Child Nutrition and WIC Reauthorization Act of 2004

SEC. 204 LOCAL WELLNESS POLICY

(a) **IN GENERAL** - Not later than the first day of the school year beginning after June 30, 2006, each local education agency participating in a program authorized by the Richard B. Russell National School Lunch Act (42 U.S.C.1751 et seq.) or the Child Nutrition Act of 1966 (42 U.S.C. 1771 et seq.) shall establish a local school wellness policy for schools under the local educational agency that, at a minimum—

- 1) Includes goals for nutrition education, physical activity and other school- based activities that are designed to promote student wellness in a manner that the local educational agency determines is appropriate;
- 2) Includes nutrition guidelines selected by the local educational agency for all foods available on each school campus under the local educational agency during the school day with the objectives of promoting student health and reducing childhood obesity;
- 3) Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of section 10 of the Child Nutrition Act (42 U.S.C. 1779) and section 9(f)(1) and 17(a) of the Richard B Russell National School Lunch Act (42 U.S.C. 1758(f)(1), 1766(a)0, as those regulations and guidance apply to schools;
- 4) Establishes a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the local educational agency or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy; and
- 5) Involves parents, students, and representatives of the school food authority, the school board, school administrators, and the public in the development of the school wellness policy.

(b) **TECHNICAL ASSISTANCE AND BEST PRACTICES.** -

(1) **IN GENERAL.** - The Secretary, in coordination with the Secretary of Education and in consultation with the Secretary of Health and Human Services, acting through the Centers for Disease Control and Prevention, shall make available to local educational agencies, school food authorities, and State educational agencies, on request, information and technical assistance for use in—

- (A) Establishing healthy school nutrition environments;
- (B) Reducing childhood obesity; and
- (C) Preventing diet-related chronic diseases.

(2) **CONTENT.** - Technical assistance provided by the Secretary under this subsection shall—

- (A) Include relevant and applicable examples of schools and local educational agencies that have taken steps to offer healthy options for foods sold or served in schools;
- (B) Include such other technical assistance as is required to carry out the goals of promoting sound nutrition and establishing healthy school nutrition environments that are consistent with this section;
- (C) Be provided in such a manner as to be consistent with the specific needs and requirements of local educational agencies; and
- (D) Be for guidance purposes only and not be construed as binding or as a mandate to schools, local educational agencies, school food authorities, or State educational agencies.

(3) FUNDING. –

(A) IN GENERAL. – On July 1, 2006, out of any funds in the Treasury not otherwise appropriated, the Secretary of the Treasury shall transfer to the Secretary of Agriculture to carry out this subsection \$4,000,000, to remain available until September 30, 2009.

(B) RECEIPT AND ACCEPTANCE. – The Secretary shall be entitled to receive, shall accept, and shall use to carry out this subsection the funds transferred under subparagraph (A), without further appropriation.

Web Resources

Web addresses listed in the satellite seminar:

Action for Healthy Kids

<http://www.actionforhealthykids.org>

CDC Coordinated School Health Program

<http://www.cdc.gov/healthyyouth/CSHP/>

CDC Nutrition & Physical Activity

<http://www.cdc.gov/nccdphp/dnpa/>

CDC School Health Index (SHI)

<http://apps.nccd.cdc.gov/shi/default.aspx>

Center for Science in the Public Interest

<http://www.cspinet.org/schoolfoods>

Creating Health

<http://www.creatinghealth.psu.edu>

Eat Smart Move More North Carolina

<http://www.EatSmartMoveMoreNC.com>

Food Research and Action Center

<http://www.frac.org>

Making It Happen

<http://teamnutrition.usda.gov/Resources/makingithappen.html>

McComb School District, Healthy Schools Project Evaluation

<http://www.mccomb.k12.ms.us/index.htm>

National Alliance for Nutrition and Activity

<http://www.nanacoalition.org>

National Association of State Board of Education

<http://www.nasbe.org/healthyschools>

National Food Service Management Institute

<http://www.nfsmi.org>

National School Boards Association

<http://www.nsba.org>

Web Resources, continued

North Carolina Healthy Weight Initiative

<http://www.NCHealthyWeight.com>

Pennsylvania Department of Education Nutrition Standards

http://www.pde.state.pa.us/food_nutrition

Preventing Childhood Overweight and Obesity: Parents Can Make a Difference

http://nutrition.hhdev.psu.edu/projectpa/frames_html/frames_homepage.html

School Nutrition Association

<http://www.schoolnutrition.org>

Team Nutrition

<http://www.fns.usda.gov/tn>

Team Nutrition Wellness Policy

<http://www.fns.usda.gov/tn/healthy/wellnesspolicy.html>

YRBSS: Youth Risk Behavior Surveillance System

<http://www.cdc.gov/HealthyYouth/yrbs/index.ht>

Team Members

Public Law 108-625 Section 204 requires (1) parents, (2) students, (3) representatives of the school food authority, (4) the school board, (5) school administrators, and (6) the public to be involved in the process. Make sure you involve everyone that will be affected by the policy.

Sources for team members are:

Attorneys/law enforcement officials

Business/industry

Churches/synagogues

Civic and service organizations

Colleges/universities

Government officials

Hospitals/clinics

Medical professionals

Parents

Professional societies

Public health agencies

Public media

Schools

Social service agencies

Students

Volunteer health agencies

Youth groups
