Daily Routine and Scales for BB-flat Tuba, Level 1

Note: This routine should be preceded by breathing and mouthpiece buzzing exercises.

1. Long Tones $\frac{q}{\text{Note}} = 60-120$

2. Lip Slurs $\frac{q}{\text{Note}} = 60-120$

3. Lip Slurs $\frac{q}{\text{Note}} = 60-120$

4. Tonguing $\frac{q}{\text{Note}} = 60-120$  *Try using different scales for this exercise, not just B-flat.*
5. Scales  \( \frac{\text{\textbackslash m}}{} = 60-120 \)

B-flat

A-flat

C

E-flat

F (Two Octaves!)

D-flat

G

G-flat

D

A

E

B

Chromatic (Two Octaves!)