MEMORANDUM FOR NEW AFROTC DETACHMENT 430 CADETS

FROM: AFROTC DET 430/RFC
The University of Mississippi
310 Barnard Hall
University, MS 38677-0038

SUBJECT: Fall 2014 AFROTC New Student Orientation (NSO) Package

1. Congratulations on your decision to join the AFROTC program here at Ole Miss! We look forward to meeting you and working with you to achieve your goal of becoming a commissioned officer in the world’s greatest Air Force!

2. This information package is critical to your enrollment in AFROTC. You must follow all directions as indicated and fill out all paperwork COMPLETELY to ensure proper processing. It is also very important to pay attention to the appropriate office in which to turn in certain forms. It is YOUR responsibility to ensure that you are properly registered prior to all applicable deadlines.

3. Each summer, AFROTC Det 430 offers a New Student Orientation Program (NSOP) for all new cadets. NSOP is an introduction and overview to AFROTC that is strictly voluntary for all new cadets. You may bring up to two guests to NSOP. NSOP includes a detailed AFROTC program overview, a briefing on AFROTC Scholarship opportunities, and an in-processing session that includes cadet records, your initial body mass index verification (weigh-in), and equipment/uniform issue. Attendance is strictly voluntary. If you cannot attend, you will have an opportunity to in-process on the first leadership laboratory of the fall semester.

4. NSO will be held Thursday through Friday, 21-22 August 2014. Please complete and hand-carry ALL required forms & Sports Physical to New Student Orientation if you are present, or no later than the first Leadership Lab of the fall semester if you are unable to attend NSO.

5. In this package, you will find the following forms and guides:

a. Welcome Letter: This letter details everything that has to be completed and hand-carried to orientation.

b. Uniform Issue Statement of Understanding: This form is acknowledgement of your responsibility in regards to uniforms and uniform items.
c. AFROTC Form 28, Air Force ROTC Pre-Participatory Sports Physical: This form MUST be filled out and SIGNED by a qualified physician. It is very important for your doctor to fill out this form completely. The weight standards on page 2 of the Form 28 reflect AFROTC-wide minimum and maximum allowable body weight for membership. The Air Force is committed to maintaining a strictly professional military appearance and you must meet these standards before you are authorized to join AFROTC. If you are over or under weight, feel free to contact us if you wish to discuss your situation. This does not eliminate you from participating in AFROTC. Make sure your name is clearly written in Block 1 at the top of the page. The AFROTC Detachment (Block 2) is DET 430. This form must be brought to orientation in order to participate in PT with the cadet wing on the first day of school. No cadet can participate in PT prior to completing this requirement.

d. Tentative NSO Schedule: Any changes to the schedule will be posted on the Detachment Website and/or sent via email.

e. AFROTC Program Overview – Standard Program: This is a basic overview of the AFROTC program. It is intended to provide general information about the progression of classes that you will take as a cadet.

f. AFROTC Program Overview – Dual-Enrolled GMC Program: This is a program overview for those applying for the three-year program or starting their Sophomore/Junior year in college. It is intended to provide general information about the progression of classes that you will take as a cadet.

7. Congratulations on your decision to pursue a career in the United States Air Force! Most of your questions will be answered during NSO, but please don’t hesitate to contact me or any cadre member at ndmccart@olemiss.edu or 662-915-7166 if you have any questions. You may also call the Det 430 Office Line at 662-915-7357 for assistance. On behalf of the Det 430 Staff, welcome and we look forward to meeting you in the fall!

Sincerely,

//SIGNED//

NATHAN D. MCCARTNEY, Capt, USAF
Operations Flight Commander

Attachments:

a. Welcome Letter
b. Uniform Statement of Understanding
c. AFROTC Form 28, Pre-Participatory Sports Physical Form
d. Tentative New Student Orientation Schedule
e. Standard Program Overview
f. Dual-Enrolled Program Overview
Dear New Cadet,

Welcome to the US Air Force ROTC program!

I would like to introduce myself to you. My name is TSgt Charles Akujobi. I am the Non-Commissioned Officer in Charge of Personnel. My office is located in Room 314-B.

We will have a New Student Orientation (NSO) conducted by the Cadre and Senior Cadets on Thursday, 21 August at 0800 and Friday, 22 August at 0800. Before arriving for the New Student Orientation, please have the following completed by the day of the AFROTC Orientation:

1. Must items to bring:
   a. Original Birth Certificate (NO COPIES)
   b. Original Social Security Card SIGNED (NO COPIES)
   c. Copy of ACT/SAT scores from the testing agent or an unofficial high school transcript with scores
   d. An official previous college/university transcript(s) mailed to the detachment
   e. (Males only) Selective service card or number
   f. A parent, if under the age of 18
   g. AFROTC Form 28, Air Force ROTC Pre-Participatory Sports Physical

Now, you should almost be prepared for the first week of school. If you have any additional questions about the uniforms or AFROTC in general, please contact any cadre member. Our phone number is (662) 915-7357.

Sincerely,

//SIGNED//

Charles V. Akujobi, TSgt, USAF
NCOIC, Personnel
University of Mississippi Air Force ROTC
University Uniform Program
Uniform Issue Statement of Understanding

Cadet Information

<table>
<thead>
<tr>
<th>Name</th>
<th>Initial Term/Year</th>
<th>AS Year (Indicate One)</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>100 ☐ 200 ☐ 250 ☐ 300 ☐ 400 ☐</td>
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<table>
<thead>
<tr>
<th>Email Address</th>
<th>Local Phone</th>
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Please initial each line to acknowledge your understanding of the following.

Return to the Uniform Custodian for final authorization to process uniform issue.

I understand that uniform items are the property of the University of Mississippi.

I understand that I will be issued uniforms in accordance with Air Force regulations, and will promptly respond to Uniform Custodian issue requests.

I understand that uniforms should be kept clean and well maintained.

I understand that I am not permitted to transfer any uniform items to other cadets (such as cadet rank) or I will be responsible for the replacement cost.

I understand I am responsible for the replacement cost of any damaged or lost uniform item(s).

I understand that I must return my clean uniform items after my freshman year and after my sophomore year (unless I’m going to PDT or field training). They will be bagged and held for pick up in the fall.

I understand that at the end of my senior year I am required to either purchase my uniform items (50% discount) or return my uniform (dry cleaned) prior to graduation.

I understand that uniforms must be dry cleaned prior to returning them to the uniform room. I understand that I will be billed for dry cleaning costs, if uniforms are not returned clean.

I understand that if I leave the AFROTC program, I must immediately return all uniform items (dry cleaned) or reimburse the University for any shortage.

I understand that failure to return any uniform items will result in a departmental hold and/or submitting the debt to your Bursar account.

Signature ____________________________ Date ____________________________

Office Use Only

In-Process
☐ Uniforms are / are not authorized
☐ Uniform database entry
Date Authorized: ____________________________

Out-Process Reason
☐ Withdraw ☐ Disenrollment ☐ Commission
Out-Process
☐ Uniform Items returned/purchased
☐ Uniform Account closed
Date No Longer in Program: ____________________________

NCOIC Signature/Date ____________________________

Uniform Custodian / University Official Signature/Date ____________________________

Filename: Uniform Statement of Understanding (Jun-11)
## Air Force ROTC Pre-Participatory Sports Physical

### Medical Authority
- Measure height and weight of cadet/applicant. Compare results to AF standards listed on reverse, check block 7 and certify as requested below.

### AFROTC Cadre
- If cadet/applicant exceeds AF weight standards, conduct a Body Fat Measurement IAW DoD 1308.3.

### Cadet/Applicant Measurements

<table>
<thead>
<tr>
<th>3. Cadet/Applicant Measurements</th>
<th>Height</th>
<th>Weight</th>
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<tbody>
<tr>
<td>(found on reverse)</td>
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### Air Force Weight Standards

<table>
<thead>
<tr>
<th>4. Air Force Weight Standards</th>
<th>Minimum</th>
<th>Maximum</th>
</tr>
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<tbody>
<tr>
<td>(found on reverse)</td>
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### Body Fat Measurement

<table>
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<tr>
<th>5. Body Fat Measurement</th>
<th></th>
</tr>
</thead>
</table>

### Check Applicable Box

- [ ] Is within Air Force Weight Standards
- [ ] Exceeds Air Force Weight Standards
- [ ] Is below Air Force Weight Standards

### Medical Authority
- Please review the above information. Conduct counseling below in applicable areas, and sign.

I, [name], have examined this cadet/applicant and reviewed his/her medical history. The following are the results:

9. (If Cadet/Applicant is below Air Force Weight Standards)
- I certify this cadet/applicant's lean body mass poses no health risk; no signs of eating disorders exist. I have discussed the importance of nutrition and weight management. (Medical Authority Initials)

10. (If Cadet/Applicant exceeds Air Force Weight Standards)
- I have discussed appropriate and safe weight loss with the cadet/applicant. (Medical Authority Initials)

11. (For all Cadets/Applicants)
- [ ] Did / Did not (please circle) find medical condition(s) or physical impairment(s) that would preclude this cadet/applicant from participating in a rigorous physical training program. If a medical condition/physical impairment exists that may preclude the individual from participating, please explain:

<table>
<thead>
<tr>
<th>Physician or Medical Authority Signature</th>
<th>Examination Date</th>
</tr>
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### AFROTC Cadre
- A disqualified domemrs or MEPS physical supersedes this form. A cadet may not participate in the AFROTC physical training program if they have a disqualified domemrs or MEPS physical.

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<tr>
<th>AFROTC Cadre Signature</th>
<th>Date</th>
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**AFROTC Form 28, 20120712**
# Maximum and Minimum Air Force Allowable Weight Standards

## Table 1. Maximum Allowable Weights for BMI of 27.5 (Regardless of Age) (59 - 80 Inches)

| Height (Inches) | 58 | 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
|-----------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Maximum Weight (Pounds) | 131 | 136 | 141 | 145 | 150 | 156 | 160 | 165 | 170 | 176 | 180 | 186 | 191 | 197 | 202 | 205 | 214 | 220 | 225 | 231 | 237 | 244 | 260 |

## Table 2. Minimum Allowable Weights for BMI of 19.0 (59 - 80 Inches)

| Height (Inches) | 58 | 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
|-----------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Maximum Weight (Pounds) | 91 | 94 | 97 | 100 | 104 | 107 | 110 | 114 | 117 | 121 | 125 | 128 | 132 | 136 | 140 | 144 | 148 | 152 | 156 | 160 | 164 | 168 | 172 |
Day 1

0755- Pre-Brief: Technical Sergeant Charles Akujobi Sr.
0800- Arrival/Welcome: Lieutenant Colonel Mark Sudduth II
0815- Operation Flight Commander Brief: Captain Nathan McCartney
0900- Cadet Wing Brief (rank/uniform/Friday expectations)
0930- Administrative Brief: Staff Sergeant Samuel Monroe
1200- Dismissal

Day 2

0800- Showtime for morale event (Ropes Course) in Det Classroom
0845- GOVs/POVs travel to Ropes Course Location
1200- Dismissal morale event
Dual-Enrolled GMC Program

Sophomore

General Military Course

AS 250
• 2 - 1 Credit Classes
  • F: AS 101 & AS 201
  • S: AS 102 & AS 202
• 1 Credit LAB
  • F: AS 211
  • S: AS 212

Junior

AS 300
• 3 Credit Class
  • F: AS 301
  • S: AS 302
• 1 Credit LAB
  • F: AS 311
  • S: AS 312

Senior

AS 400
• 3 Credit Class
  • F: AS 401
  • S: AS 402
• 1 Credit LAB
  • F: AS 411
  • S: AS 412

5th Year

AS 700/800
• Only approved
  5-year Majors
• "Completed Cadet"
  • 1 Credit LAB
  • F: AS 411
  • S: AS 412

GRADUATE & COMMISSION
- On to Active Duty

Field Training

Summer between
AS 200 and AS 300

4 Week Training Program
Maxwell AFB, AL

Professional Development Training Programs may be available during summers not attending Field Training

F = Fall Semester
S = Spring Semester