Daily Mouthpiece Buzzing Routine
for Trombone and Euphonium B.C., Level 1

1. Descending Half Notes $\uparrow$ = 60-80
Note: Buzz this exercise in several different keys each day, following the same "sol-fa-mi-re-do" pattern. Try to expand your buzzing range as much as possible.

2. "Remington" Half Notes $\uparrow$ = 60-80
Note: This exercise might not be comfortable or even possible when first "starting out," but should be added when the player is able to do so. "Smearing" between notes is especially effective in this exercise, breathing when necessary.